



# Ukrainian Orthodox Church of the USA

## Consistory Office of Youth & Young Adult Ministry

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Dear Reverend Fathers, Brothers and Sisters in Christ,

Glory to Jesus Christ!



The **Great Lent Giveaway (GLG)** is designed to give our youth the opportunity to do good works for others during Great Lent. In addition to doing good works, they learn more about their faith and devote additional time to learning, prayer and fasting during this season of preparation for Pascha. The GLG is a joint project with the Jr. Ukrainian Orthodox League. With the blessing of our Hierarchs, the GLG of 2018 will benefit the a project of the St. Andrew's Society.

This year we are asking that all youth of our church support this effort by helping to raise funds/collecting for and raise awareness through the Great Lent Giveaway about the work of St. Andrew Society. Our financial goal is to raise \$2,000 for this program to provide scholarships for children of fallen soldiers in Ukraine.

You will find in this packet a suggested outline for conducting the GLG. We encourage you to construct a program using the full program materials, as well as your own ideas, to make the GLG more than just a fundraising effort. A program that is carried out throughout Great Lent will help the youth of your parish to more fully understand the importance and beauty of almsgiving during fasting periods.

The full program is designed for the target ages of 11-18. However, it may easily be reworked for younger ages. There are also additional resources available on-line for all ages groups. The GLG program may be used any time throughout the year, not just during Great Lent. Please modify it for your needs.

In an effort to reduce consumption of resources and live as better caretakers of our Lord's creation, the full program is available online.

You may download the organizational session at [www.uocyouth.org](http://www.uocyouth.org). The organizational session includes: *Great Lent Giveaway How To and Opening Discussion: What is St. Andrew's Society and Who is are they?, and Fundraising Ideas*. Posters are also available for download.

Please send us with any questions at [uocyouth@aol.com](mailto:uocyouth@aol.com) or by phone at 412-977-2010.

In Christ's Love,  
Natalie Kapeluck Nixon  
Director

“Train up a child in the way he should go and when he is old he will not depart from it” Proverbs



# GREAT LENT GIVEAWAY

## Life!

### How To.....

Ukrainian Orthodox Church of the USA  
Office of Youth & Young Adult Ministry and the  
Jr. Ukrainian Orthodox League of the USA

2018

## Benefiting St. Andrew's Society

Objective: To instill in our youth the true meaning of Great Lent by:

1. Providing for children of fallen Ukrainian soldiers
2. Learning more about their faith
3. Discovering Christian Compassion and Christ's Unconditional Love
4. Devoting more time to prayer



GLG Project: Collecting funds and raising awareness for St. Andrew's Society and deepen our faith during Great Lent.

Steps for initiating and sustaining the Great Lent Giveaway throughout Great Lent – this program may be divided into several sessions or one retreat:

1. For two Wednesdays of Great Lent, a new session of the GLG programming curriculum will be provided for download at [www.uocyouth.org](http://www.uocyouth.org) or email [uocyouth@aol.com](mailto:uocyouth@aol.com). We have reduced the number of sessions for 2018 so that youth programs may continue to focus on the Champions of the Faith and Centennial Curricula.
2. At your first gathering/meeting discuss the Great Lent Giveaway. See the attached outline for your first discussion. At this gathering you will want to decide how you will raise your funds.
3. Have the youth present their ideas for collection of the items. Take time to discuss all of the proposals. Ask them to decide, based upon the presented plans, on a game plan as to how you will accomplish your goals.

Establish with the participants a regular time to gather and to utilize the provided curriculum to learn more about St. Andrew's Society and being a Champion of the Faith!

4. Discuss progress with the collection.
5. Collect and forward the donations to the Office of Youth & Young Adult Ministry or the National Jr. UOL Financial Secretary. For questions contact the GLG Coordinator or OYM Office.

Great Lent Giveaway  
Office of Youth Ministry  
PO Box 869  
Carnegie, PA 15106  
[uocyouth@aol.com](mailto:uocyouth@aol.com)

Jr. Ukrainian Orthodox League  
Maddie Zetick – GLG Coordinator  
[zetickm@gmail.com](mailto:zetickm@gmail.com)  
Contact for Address

6. Wrap up the project and have a celebration event with the youth on St. Thomas Sunday – you may continue collecting funds until July 20, 2018 or bring them to the Ukrainian Orthodox League Convention/UOC Centennial Celebration in South Bound Brook, NJ July 25 -28, 2018. Funds MUST be submitted no later than July 27<sup>th</sup>.



# Great Lent Giveaway 2018

## Champions of the Faith

## Outline for Initial Discussion

### Needed Items:

- Copies of the Praxis Session One from the Champions of the Faith Curriculum [www.uoc youth.org](http://www.uoc youth.org)
- GLG Fundraising Ideas
- Additional Information and brochures for St. Andrews Society (recommended to print BOTH brochures provided at the bottom of the page. One per participant)  
[https://www.uocofusa.org/st\\_andrew\\_uos.html](https://www.uocofusa.org/st_andrew_uos.html)
- Calendar

1. Begin your gathering in Prayer. Being that Great Lent has begun you could choose to have your first discussion following one of the weekday services. If choosing the weekend, perhaps plan to cook a lenten meal together. This is a great way to teach our youth a possibly families, how simple it is to prepare a lenten meal.

#### *Prayer of St. Ephraim the Syrian*

Lord and Master of my life, take from me the spirit of laziness, faint-heartedness, lust of power and idle talk. But rather, grant unto me thy servant, the spirit of chastity, humility, patience and love. Yes Lord and King, grant me to see my own sins and not to judge my brother for blessed are you to the ages of ages. Amen.

2. Take a moment to discuss the purpose of the Great Lent Giveaway. Ask the participants, “*What is Great Lent preparing us for?*” *Pascha* “*The Church in its wisdom always provides us with tools in our journey to Christ to help us along the way. Many tools are given to us during Great Lent on our journey to Pascha – can you name them?*” *Increased Prayer, Additional Divine Services, Fasting, Almsgiving/Christian Love and Charity. For younger children, you could play a game such as Snowman ( a type of Hangman) to learn the lenten "tools".*

At this point choose one or more of the provided episodes of Be the Bee to watch.

**Being a Servant** - [https://www.youtube.com/watch?v=HUqmSQcv-R0&list=PLbyQMR-\\_r8bJTTrcWpWxSUPdJHdZJsq\\_zG&index=21](https://www.youtube.com/watch?v=HUqmSQcv-R0&list=PLbyQMR-_r8bJTTrcWpWxSUPdJHdZJsq_zG&index=21)

**An Invitation to Give** -

[https://www.youtube.com/watch?v=93nGD27fM2o&index=27&list=PLbyQMR-\\_r8bJTTrcWpWxSUPdJHdZJsq\\_zG](https://www.youtube.com/watch?v=93nGD27fM2o&index=27&list=PLbyQMR-_r8bJTTrcWpWxSUPdJHdZJsq_zG)

**The Kings Stewards** -

[https://www.youtube.com/watch?v=Xs2muBCSQI8&index=39&list=PLbyQMR-\\_r8bJTTrcWpWxSUPdJHdZJsq\\_zG](https://www.youtube.com/watch?v=Xs2muBCSQI8&index=39&list=PLbyQMR-_r8bJTTrcWpWxSUPdJHdZJsq_zG)

Ask the group what their thoughts are concerning what they watched. How is the video relevant to the Great Lent Giveaway?

3. Proceed with the following, “Now that we have a jumping off point as to why we participate in the Great Lent Giveaway, let’s learn about the who will be benefitting from our work – St. Andrew Society.” At this point begin the Praxis Lesson from the Champions of the Faith Curriculum.
4. Once you get to the section about St. Andrew Society, pass out the Fact Sheets, Information Sheet and brochures. **For younger children**, briefly explain that *St. Andrew's Society* helps people in Ukraine who are hungry and without homes. The money we send will specifically help teenagers go to school. These teenagers had parents that lost their lives serving in the military.
5. Lead the group in a discussion concerning the work of *St. Andrew's*. Some possible discussion questions:
  - Did you know about *St. Andrew's Society* before today?
  - What are your thoughts about the work of *St. Andrew Society*?
  - Do you have a family member or know anyone that has a parent serving in the military? Is that difficult for them? Why?
6. Allow time for discussion. For teenagers, you may receive questions about the conflict in Ukraine. We do not want the discussion to become political but keep the focus on the ministry. It may be best to keep the conversation simple and note that all conflict and war is a sad state of our fallen world. That our best course is to pray for those involved and that the Lord bring quick peace and comfort to those involved. Perhaps the teens may choose to add a prayer service for the soldiers and their families. Consult with your parish priest on this option.
7. *Let’s discuss how we are going to participate in the GLG this year!*” Wrap up the discussion by moving into the final points of the “*GLG How To*”. Encourage the youth to take on leadership roles, making publicity, organizing any fundraising event, or creating items to sell. Even young children may take on a simple task. Perhaps the youth can create a display about St. Andrew Society and the GLG project.
8. Complete the session in prayer. Perhaps the meeting could be held prior to a lenten service and the youth could pray together in this way. We are also providing the *Prayer for Peace and Prayer in Time of Trouble*. You could pray this together during your times together or provide a copy for the youth. Encourage them to pray for peace and in particular for peace in Ukraine throughout the lenten season. They can add a special petition for the youth of the fallen soldiers.

### **Prayers in Time of Trouble**

Lord of the Powers be with the children of Ukraine's fallen soldiers, for in times of distress we have no other help but You.

Lord of the Powers, have mercy on us.

### **Prayer for Peace**

Almighty God and Creator, You are the Father of all people on the earth. Guide, I pray, all the nations and their leaders in the ways of justice and peace. Protect us from the evils of injustice, prejudice, exploitation, conflict and war. Help us to put away mistrust, bitterness and hatred. Teach us to cease the storing and using of implements of war. Lead us to find peace, respect and freedom. Unite us in the making and sharing of tools of peace against ignorance, poverty, disease and oppression. Grant that we may grow in harmony and friendship as brothers and sisters created in Your image, to Your honor and praise. Amen.

