



WITH
FAITH & LOVE

D R A W N E A R

CONSISTORY OFFICE
YOUTH & YOUNG ADULT MINISTRY
UKRAINIAN ORTHODOX CHURCH
OF THE USA

Liturgy part 3

Liturgy of the Faithful

Praxis Objective: Youth and parishioners discover how what happens during the Liturgy of the Faithful and how they can actively be a part of the Liturgy.

Let Get Ready!

Watch the designated videos. Discuss these questions with your youth and share with your parish.

Video 1 - The Great Entrance with Fr. Andriy Matlak

Video 2 - Offering of Peace & the Creed with Fr. Stephen Hutnick

Video 3 - The Anaphora from St. John Orthodox Church

Video 4 - Holy Communion with Fr. Sviatoslav Hot

Challenge your youth and parish family to deepen their understanding of the Liturgy and their own participation in the Liturgy.

Provide the worksheet for their use or use within your youth ministry.

Utilize UOC Youth! Fall 2023 and Winter 2024 Magazines to further the discussion. For our "mini" aged youth, we recommend using the resource - Holy Communion from Orthodox Pebbles which you may find here <https://orthodoxpebbles.com/orthodox-basics/holy-communion/>

Additional Resources may also be found for all ages at www.uocyouth.org/withfaithandlove

LITURGY OF THE FAITHFUL



The Great Entrance

During the Great Entrance the clergy transfer the bread and wine from the Table of Preparation to the Altar Table. What did you learn about this from the video?



Kiss of Peace/The Creed

In some parishes the people offer each other the Kiss of Peace before reciting the Creed. Have you ever seen this done? Is this done in your parish? If you follow this practice how does this make you feel? Does everyone read the creed in your parish, or is it only said or sung by certain people?



Anaphora

The Anaphora is the most important part of the Liturgy. Do you read or hear the prayers as the priest is saying them? What exactly happens at the Anaphora? Why is this so important?



Holy Communion

Do you participate in Holy Communion? How do we prepare for Holy Communion? What is the practice in your parish regarding Holy Confession? Why is confession important?



Liturgy

LITURGY OF THE FAITHFUL

What can I apply to me?

Below you will find suggestions for how you can actively learn from and be a part of the Liturgy of the Faithful. Check the ways you will try to grow in the faith!

- Take the time to read the *Prayers in Preparation for Communion*. Read them the night before Liturgy or the morning before you leave your home.
- Kiss of Peace - Try to really be at peace, and be attentive during the Liturgy. Ask for forgiveness from someone you may be at odds with.
- Pay attention during the Liturgy, how many times does the deacon/priest say peace and attentive?
- As you approach to receive Holy Communion, try to have a calm and clear mind and heart. When the priest says, "The servant/handmaid of God,(your name)", know in your heart that God loves you and sees you by name, as you receive His Body and Blood.
- After the Liturgy, pray the Prayers of Thanksgiving, that you may find in the Consistory prayer book.



Use the area below to note any questions you have for your priest or youth ministry leader/teacher.