

Taking it Home!

What We Did This Session

This week we learned why Pascha is such an important time in our lives and the life of the church. To participate in such an awesome feast we learned that we must take time to prepare. The church provides us many ways in which we may prepare for the Feast of Feasts - Pascha!

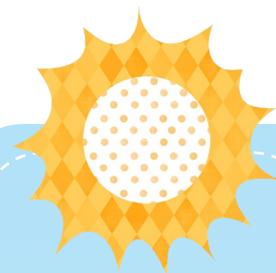
We learned that this special time of preparation is called the Tri-odion and there is a special book with all of the special songs, services and readings for this time.

We took time to break into groups and discuss the Sundays of Preparation prior to the start of Great Lent. The other tools we discussed were fasting and confession.

What Can We Do at Home?

Ask your child to share their workbook with you and review the various "tools" that we discussed during our time together. Spend time together as a family discussing how you will prepare for and participate in the fast. We realize all of the added services and expectations during Great Lent may seem overwhelming. You may contact Father John to discuss how your family may participate in the fast. Then discuss as a family. Some ways may include:

- Discuss how your family will keep the fast. Create a meal plan together. Perhaps your children can help to prepare family meals and lunches for school.
- How can your family prepare your home for lent? What sort of changes might you contemplate to your schedules?
- Check our parish Lenten schedule to discover the special days set aside for confessions. Choose the days that your family can attend and participate in the sacrament.
- If possible, review each of the preparatory Sundays on the Saturday prior. Discuss as a family what the parables and scripture readings on these Sundays mean to you and how



Contact Us

Parish Priest	555-555-5555
Youth Leader	555-555-5555
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Important Dates

03/11	Forgiveness Sunday Vespers 5pm
3/17	Sunday of Orthodoxy
3/24	Parish Mission and Confessions

