



Ukrainian Orthodox Church of USA

TEENAGE CONFERENCE

Handbook

www.uoc-youth.org

Parent Information Guide

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(*may contain information specific to this year's program*)

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We would like to thank Camp St. George in Cedar Rapids, IA for their permission to use their parent guide as a model for our own.

About Teenage Conference

Program Mission

Teenage Conference is an Orthodox Christian ministry. The mission of TC is to teach the Gospel, and instruct young people in Christian living. We do this by providing a safe, Christ-centered, and joyful environment in which campers and staff members can discover more fully the gift of our Orthodox Christian Tradition. Daily they interact as a community of Orthodox Christians, gaining a greater appreciation for the Orthodox faith and building friendships based on Christian love. This interaction occurs through participation in daily prayer services, Faith Education Classes, camp activities such as Aquatics, Arts, Ukie Olympics, Music, Ukrainian Culture, service projects, and especially through cabin and communal life.

The Cornerstone: Our Staff

With Christ as the foundation, the staff at TC is the cornerstone of the program. We have been blessed with dedicated and talented volunteers who give their time to deliver a safe, fun, dynamic, and educational encampment. Their preparation begins well before summer and culminates with an intensive 2-day training and orientation session. There is one counselor (and frequently 2) for each cabin, which houses a maximum of 8 campers; we also have several auxiliary staff members and staff aides. Our average camper to staff ratio is 5:1.

History

In 1957, Mr. Wasyl Pysh discovered a need amongst the youth of our church to gather together. Mr. Pysh, with the sponsorship of the Western Pennsylvania Region of the Ukrainian Orthodox League began Teenage Conference as a weekend encampment at Camp Kon-O-Kwee in Pennsylvania. In a few years, the encampment was expanded to one week.

When the Consistory, with the invaluable aid of the Ukrainian Orthodox League, purchased our own camp property, the Teenage Conference moved to its new home at All Saints Camp in 1978 and in 2002 expanded into a two-week program and has come under the umbrella of the Office of Youth & Young Adult Ministry of the Ukrainian Orthodox Church of the USA.

Location and Facilities

TC is held at All Saints Camp located in Emlenton, PA. The camp facility has accommodations for 80 campers and 25 staff members. It includes the following:

- St. Thomas Chapel
- A private river front beach area
- Pine forests
- Log cabins for camper and staff accommodations
- Dining hall
- A large swimming pool
- The Millennium Cultural Center
- A pavilion for gatherings and activities
- A soccer field, two volleyball courts, two tennis courts, and a basketball court

Preparing for Camp...*things to know beforehand*

The camp experience is like other important experiences in life: the better one is prepared, the more one gets out of the experience. This section covers key areas that require attention before your camper leaves home. Please also refer to the information specific to this year's program, which has been included in the acceptance email and Camper Packet.

Getting ready for Camp Life

While most returning campers are aware of the following information, we find that if an issue or obstacle arises, it is often related to these topics.

Just about everything concerning life at camp is different from life at home. Preparing your camper with as much information as possible will be helpful to their adjustment. While giving them a positive preview of their coming experience, let them know that life will be different, and that you want them to gain many new experiences.

Some issues to discuss with them include a very different summer time schedule (wake up at 7:30 am!), sharing close quarters with other people, “wash house hygiene,” common meals with some new foods, being responsible for picking up after themselves, and sharing in the chores necessary for successful group living.

Last but not least, this may be their first independent time away from you, with very little contact during the camping session. This can be a very positive experience and one that can be invaluable in the process of growing up. Be aware that parents need to prepare for this as much – if not more – than campers!

It’s also important that you advise the Camp Director if there have been any recent events in your child’s life that may affect his/her behavior. Frequently, teens who seem to be coping well with changes at home may have problems with the same issues when they are in a different environment. Any information you share will be confidential.

Please continue reviewing this guide for additional information about our program and policies. We hope that it answers any questions you may have and provides helpful information for preparing your family for camp. If, however, you do have additional questions or would like to discuss specific situations, please feel free to contact the Directors listed on page 1.

Fees

Balance of payment is due by July 1 at registration. **All balances will be billed to camper’s parents, regardless of any parish subsidies.** Optional fees include: laundry fee \$5.00 (for camper’s laundry to be done mid-encampment, for 2-wk campers only).

Cancellation and Refund Policy

If the encampment director is contacted *prior* to the application deadline date of June 9, 2024, there will be a 100% refund. If the director is contacted *after* the deadline date but *prior to the start* of the encampment, there will be a 50% refund. If there is no notification prior to the start of the encampment there will be NO REFUND. All refund requests must be made in writing and sent to Office of Youth Ministry at PO Box 869, Carnegie, PA 15106. Exceptions to this policy may be made in the event of a family emergency.

Cabin Assignments

Cabin assignments are made strictly in accordance with age and gender, and cabin requests will not be accepted. *If your camper has special circumstances* and you feel a specific cabin mate is necessary, inform the Camp Director, prior to the encampment during registration through Campminder. *Any request made during the encampment most likely will not be granted.* All requests will be granted at the discretion of the Camp Director.

Health Care

There will be medical staff in residence during the entire encampment to take care of health care needs. If you are packing medication for your child, it must be in its original container, packed in a zip lock bag, and marked with your child’s name. Include written instructions for medicine administration. One of the medical staff will be present at registration to discuss your child’s needs.

For the safety of all campers, no camper will be permitted to self administer medication and any medication found in the cabins will be confiscated.

Insurance

All campers should be covered by their family health insurance policy. While TC will act as a guarantor, any costs incurred by the Camp in providing required treatment for doctor's appointments, prescriptions, etc. will be billed to the parents.

Packing for Camp

Dress Code

Camping by nature is informal and comfort and safety should be your first concern when packing with your child. However, in keeping with our mission of creating an Orthodox Christian community, we have developed a Dress Code for all participants in the encampment—staff and campers. This Dress Code has taken into account

- ✚ Christian modesty and respect for the clergy and monastics that are with us during the encampment
- ✚ Preparation of mind, soul, and body for the prayer services in which the campers participate throughout the day
- ✚ Development of a healthy body image, in ourselves and others
- ✚ Relief—however temporary—from peer-driven fads and competition

With this in mind, we ask that the following NOT be packed:

- Micro-mini skirts or dresses – length must reach at least finger tips while at their sides
- Short shorts - length must reach at least finger tips while at their sides
- ***Strapless or spaghetti strap tops***
- Midriff or halter tops
- T-shirts with inappropriate words, pictures or sentiments
- Midriff baring swimsuits (full “tankinis” are the only acceptable 2-pc suits – this means that the two pieces must meet or overlap)
- Muscle tanks
- Low-rise pants or shorts
- Tank tops should be appropriate
- ***Leggings and yoga pants should ONLY be worn with a shirt/dress that will hang to mid-thigh***

Oversized pants or shorts (for boys)

At least one outfit for Divine Liturgy should be included in the camper's wardrobe. The campers will be given the opportunity to participate in the Divine Liturgy on more than one occasion. Boys are expected to wear long pants and a special shirt, and girls should wear a dress, skirt (close to knee length) or nice pant suit. Please bring one pair of clothes you will not mind getting paint on them.

Altar Server Robes

If your child would like to serve at the altar while at camp, and if it is possible, they may bring their altar robes with them. It is not necessary to bring the robe in order to participate as a server. There are robes provided at All Saints Camp. If you choose to bring your own robe, please bring it in a protective bag and it will be stored with all of the liturgical items.

Camper Packing List

We do not recommend bringing expensive or name brand clothing or other expensive items to camp. All items must be clearly labeled for identification. Cabin storage space is limited to under the bunk beds and one small cubbie space per camper, so please keep this in mind while packing.

Must have's:

- ☐ Sleeping bag, sheets, pillow Towels
- ☐ and wash clothes
- ☐ Toiletries including: toothbrush, toothpaste, soap, shampoo, deodorant, hairbrush, comb
- ☐ All medications in their original containers in bag marked with camper name and directions for administration
- ☐ Underwear
- ☐ Sweatpants/Jean/Shorts Sweatshirts/T-shirts
- ☐ Nice outfits for Divine Liturgy
- ☐ Modest swimsuit – no bikinis, speedos, or shorts, - modest tankinis (the two pieces touch) or a one piece swimsuit for girls and lined swim trunks for boys are best – these can be found inexpensively at Walmart or Target. One piece “cutout” suits are also discouraged.)
- ☐ Rain Jacket/umbrella
- ☐ Light Jacket
- ☐ Baseball hat or sun hat
- ☐ Laundry bag marked with camper's name
- ☐ Sunscreen, insect repellent, lip balm
- ☐ Flashlight
- ☐ Socks/Tennis Shoes/Water shoes

Nice extras:

- ☐ Prayer Book/Bible (service books are provided for all liturgical services)
- ☐ Old Costumes for skit night
- ☐ For our special events: Ukrainian shirt, T-shirt and/or costume, A Night in Italy, Campfire Hoedown
- ☐ Musical instrument
- ☐ Fishing pole/fishing license
- ☐ Tennis racket, baseball mitt
- ☐ Camera (marked with name), journal, travel games

- ☐ Pre-stamped postcards to write home
- ☐ Watch

Absolutely nots:

Cell phones, electronic games, etc.*

- ✘ Food...including candy, gum and drinks*
- ✘ Jewelry and other valuables
- ✘ All tobacco products
- ✘ Immodest apparel (see dress code on page 5)
- ✘ Dangerous implements, i.e. knives, fireworks, etc.

Any illegal substances (campers found with any will be sent home immediately as per the signed rules submitted with your application)*

Pets

Please be sure to label every item with your camper's name for easy identification. Teenage Conference and ASC are not responsible for any lost, damaged or stolen items.

**** As stated in the rules, cell phones, dangerous implements and illegal substances are not permitted at camp. If found, cell phones will be held in safe keeping by the encampment director and returned upon check out. If dangerous implements or illegal substances are found, they will be confiscated and the parents or the proper authorities will be contacted.***

Arrival and Registration

Arrival and departure procedures are different this year. Please review the information closely as we want to make this process as easy as possible for our families.

Check-in Day: Sunday June 30th

- You will choose a drop-off time. We want to make this process as easy as possible for our families. Drop-offs will begin at 1pm EDT and complete at 3pm EDT. If you come before your drop-off time, you will have to wait until the assigned time. If you arrive late, you may have to wait until 3pm or until we can safely convey your child to their cabin.
- Registration will take place at the front gate by St. Thomas Chapel. The process will include meeting the medical staff to discuss any health issues and/or turning over all medications (in original containers), which will be kept in the Infirmary.
- Immediately following your child's check-in, a staff member will bring your child his/her belongings in the golf cart to his/her cabin. You WILL be able to accompany your child to their cabin. While in the cabin we ask that you wear a mask. You will have the opportunity to see our beautiful camp during your drop-off time. When your slot expires, we ask that you move to the front of the property to sign-out.

Closed Campus/Visits to Camp

Please feel free to meet our staff on check-in day. We ask that there be no other visits to camp during the regular camping session.

Check-out Day: Saturday July 7th or 13th

- Check-out will take place at the front gate near St. Thomas Chapel. This will be similar to check-in day. You will sign up for a window of time for pick up. If you have time constraints, please inform us ahead of time so we may accommodate your needs.
- Your camper and their items will be waiting for you during your assigned pick up window- if for any reason you will not be there during your window, please call the Director or Camp Manager.
- If the person picking your child up is not the same person who dropped them off on Monday, please let the Director know ahead of time.

Lodging Accommodations/In-Between DCSC and TC

If you are traveling a long distance to pick up your child/ren and would like to come in a day prior to the end of the encampment, there are several options at your disposal.

- The Emlenton Motor Lodge – (724) 867-2314 is the option closest to camp from Interstate 80.
- For hotels WEST of camp, consider Grove City, PA.
- For hotels EAST of camp, consider Clarion, PA.

We are UNABLE to provide lay-over between DCSC and TC. We apologize for any inconvenience this may incur. Our staff needs proper time to sanitize the property and have a short break before the next encampment.

Covid-19 Procedures and Protocols

The health and safety of our campers and staff is our top priority, and we are also committed to preserving the integrity of our program. We are so glad to be able to have an in-person experience again this year. While we cannot eliminate all risks associated with Covid-19, these procedures were developed with guidance from the CDC and American Camping Association to limit possible exposure and spread of the disease. Please review this section carefully and contact the Director if you have any questions or concerns.

We will review the most up to date information at our mandatory camper/family training and send any additional updates the week prior to camp. While in many ways these guidelines have been relaxed compared to summer 2021, there are still some things to consider both before arriving at camp and during our programs. Due to our Covid-19 protocols, if your child is unable to work within the special structure, we may contact you for an early pick-up.

Vaccination Status

In addition to our normal health information in the online registration, we will ask you to let us know your child's vaccination status when they arrive at camp. This information will be shared with the camp nurse and cabin counselor so that they can ensure that all procedures are carried out correctly and to protect our most vulnerable participants.

Prior to arriving at camp: Travel Guidance, Testing, and Health Log

We are also asking that you make a reasonable effort to minimize the chance of your camper bringing any communicable disease to camp this summer.

Covid-19 Symptoms and Concerns

If your child exhibits Covid-19 symptoms (fever, chills, runny nose, loss of taste or smell, cough/difficulty breathing, gastrointestinal issues, sore throat, etc. unexplained by other circumstances) while at camp, the nurse will isolate them and you will be asked to pick them up for an early departure. The camp nurse will be in close contact with our advising physician as well. If anyone in your household exhibits Covid-19 symptoms or tests positive for Covid-19 while your camper is at camp, you must notify the Director immediately. You will be notified if anyone in your camper's cohort exhibits symptoms or tests positive for Covid-19 during the encampment or within 10 days from the start of the encampment.

Physical Distancing

Campers will not be permitted to enter any cabins other than their own.

During the Camping Session...*the ABC's of TC*

Activities

Your child's day at TC will be a very full one! Daily prayer and Liturgical services are the focal point of the program, as are daily Living Orthodox Sessions, which revolve around the year's theme. But there are many more activities that will keep you/your child busy: swimming, Ukie Olympics, service projects, Ukrainian culture, field trips, singing, and special fun evening events such as: themed dances, bon fires, open mic night, games night and more. Add in cabin time and planning cabin activities such as skits and you can see why we never get the complaint, "There's nothing to do!"

Behavior

All campers are expected to act in ways appropriate in an **Orthodox Christian setting**. While we would hope that this is not too different from normal behavior, the reality is that language and behavior that was once

unquestionably considered inappropriate and/or vulgar is more and more frequently acceptable in the daily lives of teenagers. And, unfortunately, they may feel the need to act the same in order to be accepted by their peers. Please take some time to discuss this with your child; help them understand that their time at camp can be a welcome relief from peer pressure and media bombardment.

You and your child signed the camp rules as part of the registration process. We have included a copy of the rules for your reference. While every attempt will be made to resolve disciplinary problems on site, *the Camp Director reserves the right to dismiss campers for gross violations of camp rules.* **Parents will be responsible for arranging and covering costs for their child's early departure.** You may want to go over the rules with your child one more time before coming to camp.

Camera Usage

Obviously, taking pictures is one of the best and most permanent ways for campers to capture memories of great experiences at Teenage Conference. However, use of cameras at camp creates two situations about which we would like to caution all campers and families.

1. Each camper has the sole responsibility for his/her own camera. Teenage Conference and its staff is not responsible for damaged, lost, or stolen cameras.
2. Pictures taken by campers should be used only for the enjoyment of that camper and with the permission of those in the pictures. Pictures taken at Teenage Conference should be appropriate and should not be posted on the internet or in any other public place as this could potentially violate the photo release agreement each parent signs. The only exception to this rule is parish use. We do encourage campers to share their memories with their parish family!

Failure to adhere to the camera use policy may result in the camper's camera being confiscated and potentially being sent home (depending on the infraction).

Canoeing and Swimming

Due to insurance constraints, All Saints Camp is no longer able to provide canoeing opportunities.

There is designated time each day for swimming in our in-ground swimming pool. A licensed lifeguard is on duty during the entire swim session; camp staff is also present for the duration of swim time.

Campers whose parent/guardian has not given express permission for swimming on the application will not be permitted in the swimming pool.

Contact with your child

The active camp schedule prevents regular phone contact with your camper. If your child is sent to camp via plane, bus or train, he/she will be required to call home immediately after checking in, in order to confirm his/her safe arrival. Thereafter, outgoing calls may be allowed only at the discretion of the Camp Director, and only for urgent matters. Receiving or placing phone calls during the session disrupts the program and often makes homesickness worse, so we do not allow them except for emergency circumstances. If your child does call home for any reason, a staff member will be present while the call is being made.

Campers are not allowed to have cell phones. Therefore, you will probably not hear from the camp, and “no news is good news!”

If your camper suffers serious injury or illness, you will be promptly notified. These calls include any issues requiring off-camp health services or an illness in which a fever lasts for more than 24 hours.

Should a serious need to communicate with your child arise, please call the Camp Office at (724) 867-5811 and ask for the Camp Director.

While homesickness is not a frequent issue with teenagers, it can be overwhelming for some. We find that it is easiest for teens to deal with homesickness if they are occupied and focused on the schedule of the day. We encourage letter writing both to and from camp, with mail being delivered daily, and encourage supportive dialogue about camp activities. Asking your child what they have been enjoying is generally better received than reminders of what they are missing at home. Mailing address: **All Saints Camp – 110 All Saints Road, Emlenton, PA 16373**. You may also send email through your camp minder account.

Field Trip(s)

TC has had a long standing tradition of planning unique field trip experiences. Field Trips are not planned every year. Transportation for all field trips is arranged through a local charter bus company.

Campers whose parent/guardian has *not* given express permission for field trip participation on the application will remain at All Saints Camp with a staff member.

There are no field trips planned for 2024

Food and Fasting

If your child has any food or diet issues that you did not disclose on your camp application, it is important that you advise the Camp Director immediately, so that the kitchen staff may be informed.

We serve three hearty and healthy meals a day. Campers are encouraged to eat balanced meals and to try new foods. Meals are served family-style, with campers taking turns as waiters. Fruit and other healthy snacks and drinks are available throughout the day.

Due to their active schedule, campers are also encouraged to keep well hydrated. They are provided with water bottles to be used throughout the day.

Generally, the Fast of Saint Peter and Saint Paul is observed for at least some of the TC encampment. We observe fasting days on Monday, Wednesday and Friday.

The community standard that has been set is fasting from meat only. We understand that many of our children have never fasted before and that is why we have chosen only to fast on Monday, Wednesday and Friday. However, if your family follows daily fasting for the duration and you would like your child to continue doing so, please advise the camp director so that the kitchen staff may be informed (there are usually several staff

members and campers who choose to fast more strictly.) If your child is not accustomed to fasting, please rest assured that nutritious and tasty alternatives to meat are served.

Fasting is a tool that we as Orthodox Christians use to grow closer to Christ. All Ukrainian Orthodox Church Camping Programs observe all the fasts of the church. Fasting should not be looked at as something that “we have to do.” Instead, it is a tool that God has given us to simplify our lives. Through fasting, the Church removes some choices from our lives, freeing us to focus more on God. We feel blessed to able to share this experience with our campers.

Laundry

All campers should bring a laundry bag in which to accumulate dirty clothing. To minimize loss, we recommend that your child’s name be written on each piece of clothing with a permanent marker or name label. Campers attending the two-week program will have the opportunity to have laundry done during the middle weekend. The price is \$5.00 for a wash and dry. Your child will be responsible for laundering their own clothing. You may add money to your child’s campminder account for laundry.

Clothing and other items left behind will be held until August 31, 2023, after which all unclaimed items will be donated to local families in need.

Musical Instruments

Although we generally request that valuables not be brought to camp, many campers enjoy bringing their musical instruments from home to entertain their campmates, and we enjoy their performances. As with all his/her belongings, ultimate responsibility for the instrument rests with your child. However, we understand the value of these instruments, and will attempt to see that special care is taken in their use and storage.

Service and Stewardship – TC Gives Back!

One of the goals of TC is to promote Christian stewardship, charity, and care-giving in our campers. One project each year is dedicated to the beautification and/or maintenance of All Saints Camp. We will also be making Love Care Packages for the residents at the local elderly apartment complex.

In past years, those who have benefited from our projects include the residents of the children in our Consistory-sponsored special needs orphanages in Ukraine and International Orthodox Christian Charities.

These projects may be done entirely at camp, or we may ask that the campers bring something from home to contribute to the project. *Please see the enclosed Letter from the Director for any information you may need regarding this year’s project(s).*

This year we will be spending the majority of our time as caretakers of God’s creation on the All Saints Camp property refurbishing Prayer Shrines, the River Walk Fence and building benches.

Snacks and “Care Packages”

Campers are *not allowed* to keep food in their cabins. Please **do not** send food with your camper, or care packages by mail during the encampment. As stated previously, we serve three healthy, large meals each day; fruit and drinks are also available throughout the day. *Any food sent to camp will be kept by the Director and returned upon departure.* Your child may also purchase snacks daily at The Nook.

Spending Money

The camper fee covers all regular camping expenses however, campers may be given opportunities to purchase snacks and items at The Nook(see below). Your child will have a virtual account. At check-in you may designate how much to put into their account. At pick-up we will inform you of the balance due. *The Camp and Teenage Conference are not responsible for any lost money that has not been placed into an account.* Average amounts brought by campers range between \$10 - \$50.

THE NOOK BOOKSTORE –The Nook.

The Nook is our bookstore and shoppe which will ASC gear, Orthodox books and items, tshirts and snacks. The Nook will be open each day after lunch. At check-in you will be asked how much virtual money you would like to place in your child's account. At pick-up, we will let you know the balance owed. You may add money to your child's account at any time.

Visits to Camp

Please feel free to meet our staff and tour the camp facilities on check-in day. We ask that there be no other visits to camp during the regular camping session. The campers have very busy schedules, and only a short time at camp.

Important Numbers & Addresses

All Saints Camp

110 All Saints Road
Emlenton, PA 16373
(724) 867-5811

Spiritual Director

Fr. Bohdan Hladio

(905) 433-5577

TC Director

Natalie Kapeluck Nixon
(412) 279-1076 office

(412) 977-2010 cell – for emergencies during camp uocyouth@aol.com

TC Treasurer – Payment Questions

Eric Senedak - emsenedak@gmail.com

Driving Directions to All Saints Camp

If you are coming from Pittsburgh area or South

- Take Interstate 79 North to Interstate 80.
- Take Interstate 80 East
- Take Exit 42 (Old Exit 5)- THIS EXIT IS OPEN!
- At end of Exit follow signs for Rt. 208 East toward Emlenton
- Continue to follow Rt. 208 East
- As you start down the hill, take the first road left (Big Bend Road) – a sharp left up a hill
- Go three miles to Goshen Road and turn right
- Proceed two miles to the camp entrance which will be on your right at the bottom of the hill

From the North

- Take Interstate 79 South to Interstate 80
- Follow the Directions from Pittsburgh at this point

From the East or West

- From the East take Interstate 80 West – coming from the West take Interstate 80 East
- Follow the Directions from Pittsburgh starting at Interstate 80

The following prayer is beautiful and powerful in expressing our Orthodox Christian understanding of the awesome gift of parenthood - and the profound mystery of our cooperation in God's creative power. Truly, every child is God's child, merely "lent" to us in order to be offered back to Him. We share this prayer with you that you may share in how we feel regarding the Godly responsibility given to us as we assume parental roles in the lives of the children of Teenage Conference. The prayer may be adapted to the gender of your child or children, and prayed during camp and at any time.



Prayer of Parents for Their Child

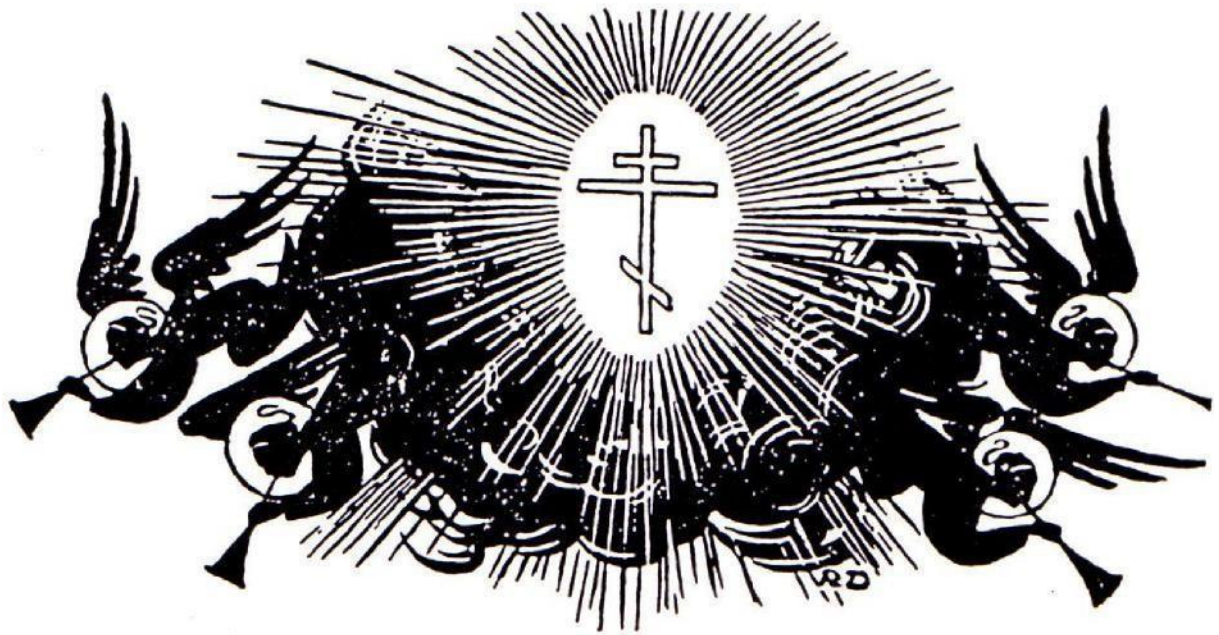
O Holy Father, Eternal God, from Whom proceed all blessings and all goodness, we diligently pray to Thee for the child Thy mercy hast granted us. Thou hast given him being, Thou hast quickened him with an immortal soul, Thou hast granted him new birth through Holy Baptism so he might live according to Thy will and inherit the Kingdom of Heaven Preserve him in Thy grace to the end of his life and enlighten him with Thy Truth so that Thy name may be glorified in him. Help us by Thy grace in raising him to glorify Thy name and to benefit others. Grant us the means, patience and fortitude to accomplish this. O Lord, enlighten him with the light of Thy Wisdom so that he may love Thee with all his soul and mind. Plant in his heart fear of and repulsion from every kind of lawlessness. Let him be incorruptible in all his ways. Beautify his soul by chastity, diligence, patience, peace and all virtue. Guard his lips by Thy Truth that any slander, falsehood and flattery be repugnant to him. Sprinkle him with the dew of Thy grace that he may make progress in virtue and holiness and grow up in Thy favor and in love of the faithful people. May his guardian angel ever remain with him and protect his youth from vain thoughts, from attractions and seductions of this world and from all snares of the deceiver. Whenever he sins before Thee turn Thy face away from him but be merciful to him. Awaken contrition in his heart and with the multitude of Thy generosity cleanse him of his transgressions. Do not deprive him of Thy earthly blessings but provide him everything needful in time of existence until attainment of the blessed eternity. Preserve him from every illness, wrath, affliction, trouble and grief and cast Thy protective mercy on him. through out all the days of his life. O Good Lord, again we pray unto Thee, grant us joy and gladness about our child and vouchsafe us to appear with him at Thy awesome judgment and without shame dare to say: This is the child Thou hast granted us, O Lord. Together with him, glorifying Thine unutterable goodness and Thine eternal love, we praise Thy Holy Name of the Father, and the Son and of the Holy Spirit, both now and ever and unto the ages of ages. Amen.

This prayer is for the well-being of those planning, executing and participating in our camping programs. We hope that you say this prayer during the year and most especially while our camp is in session.

Prayer for Orthodox Camping Programs

Lets us pray to the Lord. Lord have mercy.

O Lord Jesus Christ our God, Who condescended to enter under the roof of Zacchaeus the Publican, thus becoming salvation to him and his whole household: As the same Lord, by means of our unworthy prayers, do Thou look with mercy and beneficence upon our Orthodox encampments. As our Lord and Master, enlighten our directors, counselors and staff to the doing of Thy holy Will, so that they might always worthily direct those entrusted to their care, to grow in wisdom and grace before Thy majesty. May Thy presence be felt in the midst of our encampments, thus, in Thy mercy, preserving them from the snares of the evil one and abundantly providing opportunity that all participants profit by Thy blessing. For Thou art our God, and to Thee do we ascribe glory: to the Father, and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.



Ukrainian Orthodox Church of the USA Camping Programs

Camp Policies and Camper Rules

(These rules were signed by you and your child and submitted with his/her application)

Every summer, the Ukrainian Orthodox Church Camping Program offers youth of the Church a unique opportunity to retreat from the pressures and struggles of everyday life. Encouraging participants to step away from daily habits and routines, the camp makes available a community in which participants can become immersed in an authentic Orthodox Christian atmosphere.

A major component in creating such an atmosphere is separating participants from outside influences and distractions. Of course this is a cooperative effort accomplished by campers, staff, clergy, and parents. Your participation in this effort is vital to the success and effectiveness of the camp ministry. Participants and parents are being asked to start preparing for a time away from "earthly cares" by focusing on Jesus Christ.

By agreeing to these policies and rules, campers and parents show their support of the edifying environment that will be presented at the UOC Summer Camp. Please understand that no one will be permitted at camp if they refuse to agree to these policies and rules (excepting permissions for releases)

On the next two pages are the Encampment Policies and Camper Rules. We ask that both parent/guardians and campers read these thoroughly and sign acknowledgement of their acceptance to the items listed.

1. I/we understand that the consumption of alcoholic beverages, use of any illegal substance or tobacco products is not permitted by any UOCCP Participant. Violation of this will result in immediate dismissal from camp and possible legal action.
2. I/we understand that no camper is permitted on the river front without permission of the UOCCP Director and without supervision by an encampment counselor & river front lifeguard. No swimming is permitted in the river and in violation of Pennsylvania State Law the river front is OFF-LIMITS to all UOCCP participants after dusk.
3. I/we understand that no firearms or weapons (including "Swiss Army" knives) of any kind will be permitted on the camp grounds and possession of these items may result in immediate dismissal from camp.
4. I/we understand under NO circumstances is any form of hazing permitted by campers or staff. Incidents of hazing shall be reported to the director & staff immediately. Aggressive behavior between any persons including between campers will not be tolerated. Hitting, pushing, choke holds, kicking, or threatening behavior of any kind may result in serious charges with the authorities and immediate removal from the program.
5. I/we understand that for the safety of the campers, they should appraise their counselors of their whereabouts and remain in supervised areas at all times and after "Lights Out" no camper is permitted to leave his or her cabin without the permission of the counselor.
6. I/we understand that defacing or willful destruction of any furniture, cabins, camp equipment, trees, camp grounds, cars or personal belongings of any other participant will not be tolerated. Violators will be responsible for full financial compensation of any damage. Also, furniture (beds, chairs, tables, ...etc.) may not be moved. Any damages or breakage in the cabins, buildings, courts, or wash houses should be reported immediately to the Director.
7. I/we understand that no camper will be permitted to leave on the last day until his or her cabin and area is properly cleaned and the grounds have been inspected by the Camp Manager and Encampment Director. I/we understand that due to the natural setting, it is not permissible to bring extra food/candy to be kept in the cabin area. We agree not to send/bring EXTRA FOOD.
8. I/we understand that at no time are females permitted on the male cabin side of the encampment, in any of the male cabins or in the male washroom. Likewise males are not permitted on the female cabin side of the encampment, in any of the female cabins, or in the female washroom. Females will only use wash house #1. Males will only use wash house #2.
9. I/we understand that all individuals must participate in the **entire camp session* including** all day and evening events, unless under medical restrictions which should be explained on the camper health form and discussed with the camp nurse the first day of any UOCCP. (*If it is not possible to participate in the entire session, a letter in writing or by email must be submitted by the first day of the encampment. You will receive notification if the request is accepted or not.)
10. I/we understand that cabin assignments are arranged by age and that individual requests may or may not be honored as the situation so permits. Requests for cabin mates should be made during the application process.
11. **I/we agree that if deemed necessary by the Camp Director, bag searches of anyone who is suspected of possessing items prohibited at camp may be required. The search will take place in the presence of at least the Camp Director and a member of the Clergy.**

Ukrainian Orthodox Church of the USA Camping Programs Encampment Policies

(These policies were accepted by you and your child and submitted with his/her application)

Dress Policy

Camping by nature is informal and comfort and safety should be your first concern when packing. However, in keeping with our mission of creating an Orthodox Christian community, we have developed a Dress Code for all participants in the encampment— staff and campers. This Dress Code has taken into account:

- Christian modesty and respect for the clergy and monastics that are with us during the encampment
- Preparation of mind, soul, and body for the prayer services in which you will participate throughout the day
- Development of a healthy body image, in ourselves and others
- Relief—however temporary—from peer-driven fads and competition IT DOES NOT MEAN WE DON'T LIKE YOU OR

YOUR CLOTHES! WE JUST WANT YOU TO TRY SOMETHING DIFFERENT!

With this in mind, we ask that the following **NOT** be packed: Micro-mini skirts or dresses – *length must reach at least finger tips while at their sides*, Short shorts - *length must reach at least finger tips while at their sides*, strapless or spaghetti strap tops, midriff or halter tops, T-shirts with inappropriate words, pictures or sentiments, midriff baring swimsuits (full “tankinis” are the only acceptable 2-pc suits – this means that the two pieces must meet or overlap), muscle tanks, low-rise pants or shorts, oversized pants or shorts (for boys). In addition, males must wear shirts at all times. It is suggested to bring appropriate clothing for Divine Liturgy.

Mobile Technology Policy

Campers

I understand that contact with friends and family members back home by phone, e - mail, or text messaging during the camp session removes me from the focused atmosphere of the camp. For this reason, I agree to not bring my mobile phone or if I do, I will check it in to a designated staff member upon arriving at camp. Not having access to a personal mobile phone is essential to the camp environment, in addition to being standard American Camping Association best practice.

Use of personal gaming systems (PSP, DSi, etc.) and personal audio systems (i - Pods, mp3 players, etc.) are a distraction to the program and removes me from the focused atmosphere of the camp experience. For this reason, I agree to not bring personal gaming devices to camp. If I do, I will check it in to a designated staff member upon arriving at camp.

I further agree to only use personal audio systems for my own purposes during free time and I understand that music that contains violent, sexually explicit, racist or morally offensive lyrics is strictly prohibited and I may be asked to check in my device with the camp director if this music is played. Personal audio systems **are not** permitted at Diocesan Church School Camp.

Use of video production devices are prohibited by both campers and staff (unless permission is given) during the camping session. Videography may be taken at Ukie Night and Skit Night only. (Photography is permitted except in the bath house, rest rooms or in the cabin.)

Parents

- I understand that being in contact with my child by phone, or text messaging during camp removes them from the focused atmosphere of the camp. As well, I understand that speaking to a parent back home worsens cases of homesickness. For this reason, I agree to refrain from contacting my child during the camp session, except in cases of emergency or in prearrangements with the camp director. I will make contact through the Camp Director. While at camp the director may be reached at the camp line 724-867-9911. The Encampment Director or Staff Member will be present through out all calls of underage campers.

- Likewise, should a serious need arise regarding my child, the camp will contact me immediately.

- I feel that it is important for my child to participate in the focused atmosphere as a full participant in the camp community. For this reason, I agree to discuss this Policy with him/her prior to camp and to support its goals and methods.

Social Networking and Blogging Policy

In general, the Ukrainian Orthodox Church Camping Programs view social networking sites (Facebook, MySpace, etc.), personal Web sites and Weblogs positively and respects the rights of campers to use them as a medium of self-expression. If a camper chooses to identify himself or herself as a camper at the UOC Camping Program on such Internet venues, some readers of such Web sites or blogs may view the camper as a representative or spokesperson of the UOC Camping Programs. In light of this possibility, the UOCCP requires, as a condition of participation in the camp, that campers observe the following guidelines when referring to any encampment of the Ukrainian Orthodox Church or All Saints Camp, its programs or activities, its campers, and/or other staff, in a blog or on a Web site:

(continued Page 2 of Policies)

Social Networking and Blogging Policy Continued

Campers must be respectful in all communications (text and photos) and blogs related to or referencing the camp, camp staff, volunteers, employees and other campers.

Any photos or messages that are linked or "tagged" from "friends" and attached to your site(s) or profile(s) that are inappropriate should be removed.

Campers must not post photos unless those within the photo have given expressed permission and any photos taken anywhere at the camp that are inappropriate should not be shared or posted. (Bathhouse, cabins, etc.) Campers must not use obscenities, profanity, or vulgar language.

Campers must not use blogs or personal Web sites to disparage the UOC Camping Programs, other campers or staff of the UOC Camping Programs.

Campers must not use blogs or personal Web sites to harass, bully, or intimidate other campers or staff of the UOC Camping Programs.

Behaviors that constitute harassment and bullying include, but are not limited to:

- Comments that are derogatory with respect to race, religion, gender, sexual orientation, color or disability;
- Comments that are sexually suggestive, humiliating or demeaning comments;
- Threats to stalk, haze, or physically injure another person.

Campers must not use these venues to discuss engaging in conduct prohibited by camp policies and an Orthodox Christian lifestyle, including, but not limited to, the use of alcohol and drugs, sexual behavior, sexual harassment, and bullying.



Millennium Building



Girls Wash house and Cabins



Boys Wash house and Cabins



All Saint Camp Ukrainian Orthodox Church



Cross



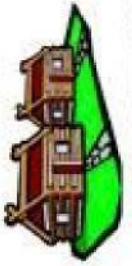
Pavilion
Registration Area

Volleyball
Courts

Swimming Pool

Basket ball Courts
Tennis Courts

Director and Cooks Cabins



Dining Hall



Campfire



Playground



ASC Staff Cabins



Entrance

Garage



Chapel

