

## Praxis Session Two: Prayer Cards and Portable Prayer Shrines

Main Ideas: *Providing youth with ways in which they may pray without ceasing using prayer cards and prayer shrines.*

### Supplies:

- Empty Altoid tins- these may be purchased already empty on Ebay or you can purchase them in the local store and use the mints!
- Paper Icons- You can print these but may also be easily obtained by requesting parishioners to donate old prayer cards or catalogs such as Light and Life.
- Printed prayers to fit one side of the Altoid tin- (suggested prayers: Lord's Prayer, O Heavenly King)
- Modge Podge or clear-drying craft glue
- Scrap booking paper
- Washi tape
- Markers
- Scissors
- Craft paint brushes
- Laminator and laminating sheets
- Cardstock cut in the size of a business card or purchase blank printable business cards



### Preparation:

View the provided website to see examples of the finished product.

<http://homeindouglas.blogspot.com/2011/06/icon-prayer-shrines.html>

*If you choose to use blank printable business cards, you may want to print the prayers directly to one side of the cards instead of printing on separate paper for application.*

Begin the session in prayer. Explain to the participants that they will be creating a travel icon prayer box and prayer cards.

Show them a completed travel icon. Ask the youth where they may be able to use these items. Some suggestions are: to be used on a daily basis in their icon corners at home, placed in their lockers at school, carried in their back-packs, kept in their pocket or purse or used for trips and vacations.

Allow the participants time to choose their icons, prayers, and scrap booking paper.

Have them begin by gluing the interior items first. Then allow them time to cover the entire exterior of the tin.



If you have any jewels left over from prior projects, allow them time to bejewel the exterior.

As their boxes are drying, have them begin their prayer cards. They can make more than one and encourage them to make one for a loved one with whom they may share. Laminate the cards once complete with icon and decoration on one side and prayer on the other.

Explain that they can write specific prayer requests (intercessions) to store in their prayer boxes. These intercessions can be added to at any time.

Once completed, have the participants write a short note to their prayer card recipient. The note could read as follows:

*Dear Friend,*

*This prayer card was crafted with love for you. My prayer is that it will help to bring you hope in times of need and faith in times of prayer.*

Close the session in prayer and a meal.

